



Year 12 'PSHE' Curriculum Map						
Half Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Big Themes	Digital Literacy	Relationships (Mutual Respect)	Health (Liberty)	Health (Liberty)	Exam Preparation	
Knowledge and skills covered	<ul style="list-style-type: none"> ❖ Digital Reputation ❖ How social media distorts perceptions ❖ Managing risk online ❖ Being a critical consumer ❖ Black History Month 	<ul style="list-style-type: none"> ★ Conflict ★ Commitment ★ Contraception ★ Routes to Parenthood ★ Pregnancy Outcomes ★ Pregnancy Choices 	<ul style="list-style-type: none"> ★ Accessing support ★ Alcohol ★ Drugs ★ Substances and the law ★ Eating Disorders ★ Vaccinations ★ First Aid 	<ul style="list-style-type: none"> ★ Recognising Depression ★ Supporting someone with anxiety ★ Resilience ★ Emotional Well-being ★ Sleep Hygiene ★ LGBTQIA+ History Month ★ Women's history month 	Exam preparation	