

The Charter School East Dulwich

Bulletin

Thursday 11 July, 2019

Forthcoming Dates

Summer Term

Tuesday 23 April to Friday 19 July

School closes at 12.10pm

Bronze Duke of Edinburgh Award

Groups 7 to 13

Wednesday 10 July to Thursday 11 July

Parent Forum

Thursday 11 July 6pm to 7pm

Activities Week

Monday 15 July to Thursday 18 July

Trying to email a teacher or tutor?

Use their first initial followed by their surname (no punctuation) @chartereastdulwich.org.uk

Activities Week

Our students have worked very hard this year, particularly in preparation for their end of year exams. They deserve a strongly positive end to the school year to set them up for a relaxing summer. To celebrate, all students will be engaged in exciting trips and activities next week. We have shared our expectations of excellent behaviour on all trips, and each trip leader will ensure students are reminded of those expectations on the day. We know the vast majority of our students are incredible ambassadors for the school when they are out and about in uniform, and we look forward to a successful week of activities to end the year.

TCSED Equalities Team Marches at Pride in London



On Saturday, The Charter School East Dulwich Equalities Team marched at Pride in London. It was an amazing experience marching through central London to promote equality and support the LGBT+ community. This years Pride in London was the UK's biggest and most diverse pride ever.

Lost Property

Parents are invited to look through the lost property cage from everyday until Wednesday 17 July, between the hours of **9am to 10.30am** or **2.15pm to 3pm**.

Unlabelled items that have not been collected before 17 July will be donated to The Friends of TCSED who will add these to the Uniform Exchange.



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Plastic Free East Dulwich

Dental care in general is an area where you can really make a difference with a few simple swaps:









Toothbrushes: An average person will use 300 in a lifetime and we throw away over 250 million plastic ones a year in the UK. They take up to 1000 years to degrade and they cannot be recycled in your household recycling. You could take them to a Terracycle drop off point (you can search for them here) or simply switch to bamboo one which can be composted once you've removed the bristles - I tend to simply snap them off rather than plier them out bristle by bristle. These are now widely available, some options here, here and here.

Dental Floss: Not only is most floss packaged in plastic but it is plastic! Some is even coated in Teflon, yes, the stuff your frying pan is made from. You can get all natural silk floss and charcoal floss (that does sadly still contain a bit of plastic) from <u>Georganics</u>. They are both packaged in cardboard and can be purchased with a glass container or as a refill.

Toothpaste: Another plastic that cannot be recycled in household recycling and on average we use 276 tubes in a lifetime. <u>Denttabs</u> are a German brand who make toothpaste tablets. Sounds weird but bear with me - pop them in your mouth, chew for about 20 seconds and they turn into paste then just brush your teeth as usual. They contain 1.450ppm of fluoride per tablet which is the amount recommended by dentists. Buy them <u>here</u>, <u>here</u> and <u>here</u>.

Interdentals: These tricky little devils usually come with plastic handles too (TePe is the brand most will have heard of). I was told by my dentist recently I needed to use these so checked the good old internet and found some with, you guessed it, bamboo handles! Made by The Humble Co. They are available in Boots or online here and here.

If you're in East Dulwich or Nunhead areas the toothbrushes, floss and tablets can be bought at <u>Karavan Eco</u> on Lordship Lane or <u>BYO</u> in Nunhead.



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News from The Friends of TCSED

Reminder! This weekend: Year 7 & 8 TCSED Family Camp, 13 to14 July

Please come and join us for a night's camping at the Fort campsite by Dulwich woods https://www.slsc-thefort.org.uk. Bring a tent and stay the night, or come and hang out by the campfire for the evening. It's a great opportunity to get together for food and fun out of doors without travelling very far. Year 9 siblings are also welcome to join with their families.

Cost: It's £6 per adult/child to camp and £2 to come for the evening. That includes £1 donation each to go towards this year's fundraising. Please bring cash with you on the night, as we will need to pay the warden.

Attending: Thanks to everyone who has signed up so far. If you would still like to come we have booked some extra space for people to turn up on the night and we hope to see lots of you there. If you have any questions, please email rachaelathome@gmail.com.

Save the Dates:

- **Sunday, 15 September -** Welcome Picnic: Fun and food in Peckham Rye to welcome the new Yr7's
- Sunday 29 September TCSED Southwark to the Sea Walk

Are you receiving news about social events and fundraising for our school community from The Friends of The Charter School East Dulwich? Don't miss out: click on the link to subscribe and ensure you are kept up to date:

https://mailchi.mp/0a340a114be9/join friends of tcsed

Thank you, from The Friends of TCSED.

