



Year 10 'PSHE' Curriculum Map

Half Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Big Themes	Relationships (Mutual Respect)	Equality (Tolerance)	Health (Liberty)	Work Experience (Careers)	The Law (Rule of Law)	Money Sense (Democracy)
Knowledge and skills covered	<ul style="list-style-type: none"> ★ Consent ★ Pornography ★ Coercion ★ Conflict ★ Abuse ❖ Black History Month 	<ul style="list-style-type: none"> ★ Equality vs Equity ★ Protected Characteristics ★ Anti-bullying ★ Calling out harassment ★ Hidden Disabilities ★ Equality in the workplace ★ International Day of Abolition of Slavery ★ Microaggressions ★ Neurodiversity ★ Allyship ★ Firework Safety ★ Winter festivals including Diwali, Hanukkah & Christmas 	<ul style="list-style-type: none"> International approaches to mental health including: <ul style="list-style-type: none"> ★ Forest bathing ★ Kintsugi ★ Glimmers ★ Volunteering ★ Mental Health Week ★ Safer Internet Day 	<ul style="list-style-type: none"> ★ <i>Preparation for Work</i> <i>Experience led by the careers department</i> ★ LGBTQIA+ History Month ★ Women's history month 	<ul style="list-style-type: none"> ★ The Law and devolution ★ The Law on drugs ★ The Law on sharing intimate images ★ The Law on extremism/radicalisation ★ The Law on upskirting ❖ Autism awareness ❖ Stephen Lawrence Day 	<ul style="list-style-type: none"> ★ <i>How do I stay in control of my money?</i> ★ <i>How can I understand credit and debit?</i> ★ <i>How can my money choices affect my mental well-being?</i> ★ <i>What are my consumer rights?</i> ★ <i>How do I keep my finances secure?</i> ❖ Pride Month ❖ Windrush Day ❖ Nelson Mandela Day



The Charter School
East Dulwich